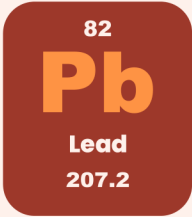


Prepare to talk to your child's pediatrician about lead exposure



Get the facts: Lead is a highly toxic metal



- There is no safe level of lead exposure.
- Lead targets children's developing brains and nervous systems-- even before they are born!



Effects of lead toxicity in children

- Brain damage,
- Learning challenges
- Behavioral problems.
- Developmental delays
- Childhood lead exposure can cause life long health problems.



Identify common sources of lead around the home



- Lead-based paint in older homes
- Contaminated soil and dust
- Lead pipes or plumbing fixtures
- Living near a known source of lead
- Some imported spices, toys, candy, or cosmetics
- Some traditional home remedies and pottery



Know the symptoms of childhood lead poisoning



Some symptoms may not be noticeable until kids are of school age.



- Slowed growth
- Loss of appetite
- Hearing problems
- Anemia
- Irritability
- Fatigue
- Difficulty paying attention
- Behavioral problems
- Learning challenges



Prepare for your visit

Make a list of questions and concerns you want to discuss with your child's pediatrician.

Gather relevant information about your child's behavior and environment:

- The age of your home and area
- Any recent renovations or repairs
- Known sources of lead nearby

How to talk to your child's pediatrician about lead exposure



Starting the conversation: communicate your concerns

We live in ___ city/ zip code. Our area was affected by industrial **lead contamination** from the **Exide** facility.



and/or



Our home was built before **1978**. I am worried about the impacts of lead-based paint on my child's health.

Share any observations about your child's health or behavior that you suspect could be related to lead exposure.



Work with your doctor: make a plan to protect your family



- A **blood lead test** shows how much lead is in a child's blood.
- Ask your doctor if a blood lead test is right for your child.



- **Developmental milestones** are things most children can do by a certain age.
- Ask your doctor how to track these milestones in your child.

Ask as many questions as you need



There are no silly questions when it comes to lead exposure.



- Seek educational and support services for families affected by lead exposure.
- Ask about ways to support your child's development at home and at school.

Ask the doctor about the CLPPP

The Los Angeles County Childhood Lead Poisoning Prevention Program (CLPPP) is a free program for families affected by lead.



You can ask the doctor to enroll your child.

CHILDHOOD LEAD POISONING PREVENTION PROGRAM



LEAD IS A POISON, TEST YOUR CHILDREN
1-800-LA-4-LEAD